Lunch Menu

Served Daily 11:30AM – 1:00PM

No Plan Price / Plan Price

THE WATERS ON MAYOWOOD

Homemade Cup of Soup	$4.75 / $3.80	Bowl	$6.75 / $5.40
Small House Salad	$3.00 / $2.40	Starter	$5.00 / $4.00
Daily Lunch Special	$11.75 / $9.40	Half Special	$8.25 / $6.60

Salads – *Served with a Dinner Roll (G)*

Chef Salad (G D E) ✓ $14.00 / $11.20 Half Salad $9.50 / $7.60
Mixed Greens, Tomato, Cucumber, Bacon, Ham, Turkey, Hard-Boiled Egg, Cheese, Croutons & Dressing

Fruit & Nut Salad (D N) ✓ $9.75 / $7.80 Half Salad $6.50 / $5.20
Mixed Greens, Red Onion, Candied Pecans, Dried Cranberries, Bleu Cheese Crumbles, Strawberries & Balsamic Vinaigrette

Sunburst Melon Plate (E N Soy) ✓ $13.75 / $11.00 Half Salad $9.25 / $7.40
Fresh Melon & Cashew Topped Chicken Salad, Garnished with Fresh Berries

Greek Salad (D Soy) ✓ $10.00 / $8.00 Half Salad $6.75 / $5.40
Mixed Greens, Grape Tomatoes, Cucumbers, Red Onion, Feta Cheese, Kalamata Olives, & Balsamic Vinaigrette

Add to Any Salad: Chicken ✓ $4.25 / $3.40 / Salmon (F) ✓ $7.25 / $5.80 / Shrimp (SF) ✓ $8.50 / $6.80 / Steak $8.25 / $6.60

Entrees – *Kettle Chips Not Included*

Chicken Quesadilla (G D) $9.75 / $7.80
Seasoned Chicken & Cheese Inside a Grilled Flour Tortilla. Served with Sour Cream & Salsa

Soup / Salad & Half Sandwich (G) $11.00 / $8.80
Choice between Cup of Soup / Side Salad ✓ & Half Sandwich
Sandwiches Choices: BLT (G E Soy), Rueben (G D E Soy), Rachel (G D E Soy) ✓
Deli Sandwich ✓

✓ = Healthier Choices

Noted items contain these allergens: (Allergens May Vary Based on Variety)
G – Gluten / D - Dairy / E – Egg / N-Tree Nut / S-Sesame / F-Fish / SF-Shellfish / Soy-Soy / P-Peanuts
Most bakery items contain Gluten & Eggs. Please let your server know of any known food allergy.

Entrees – *Served with Kettle Chips & Pickle*

Reuben / Rachel ✓ (G D E Soy) **$14.00 / $11.20**
Corned Beef or Turkey – Swiss Cheese, Sauerkraut, 1,000 Island Dressing on Grilled Marble Rye Bread

BLT on Ciabatta Bread (G E Soy) **$11.75 / $9.40**
Bacon, Lettuce, Tomato, & Mayo on Warm Ciabatta Bread

Croissant Sandwich (G D E Soy) **$11.75 / $9.40**
Chicken ✓ / Egg / Tuna (F) ✓ Salad on a Butter Croissant with Lettuce & Tomatoes

Grilled Cheeseburger (G D) **$14.00 / $11.20**
Includes Lettuce, Tomato, Onion, Pickle, Cheese: Cheddar / Swiss / Provolone

Grilled Chicken Sandwich (G D) ✓ **$13.00 / $10.40**
Includes Lettuce, Tomato, Onion, Pickle, Cheese: Cheddar / Swiss / Provolone

Deli Melt (G D) **$12.25 / $9.80**
Turkey or Ham with Cheddar, Bacon & Tomato on Toasted White / Wheat ✓ Bread

Fish Sandwich (G D E F Soy) ✓ **$16.00 / $12.00**
Served with Lettuce, Tomato, Pickle, Lemon, & Tartar Sauce

Sides – *Served a la Carte* **$3.50 / $2.80** *Sub Chips on Any Entrée* **$2.00 / $1.60**

Kettle Chips
Fresh Fruit ✓
Onion Rings (G)
Tater Tots (Soy)
Cottage Cheese (G) ✓
French Fries (G Soy)
Coleslaw (E Soy) ✓
Sweet Potato Fries
Cucumbers & Ranch (D E Soy) ✓
Cup of Soup

Desserts (Allergens May Vary Based on Variety)

Dessert of the Day **$5.75 / $4.60**
Ice Cream (D) **Two Scoops $3.25 / $2.40** **One Scoop** **$1.75 / $1.40**
Vanilla, Flavored, Sugar Free

Residents on a meal plan & their guests will receive discounted pricing.
Menus are Subject to Change Based on Availability.

*Consuming raw or undercooked meats, poultry, fish, seafood, shellfish, or eggs increases the risk of foodborne illnesses.

Revised Date 11/2/26



Dinner Menu

Served Daily, 5:00 – 7:00PM

No Plan Price / Plan Price

THE WATERS ON MAYOWOOD

Homemade Cup of Soup	$4.75 / $3.80	Bowl	$6.75 / $5.40
Small House Salad	$3.00 / $2.40	Starter	$5.00 / $4.00
Dinner Special	$17.00 / $13.60		$21.00 / $16.80
Half Special	$11.25 / $9.00		$14.25 / $11.40

Salads – *Served with a Dinner Roll (G)*

Chef Salad (G D E) ✓ $14.00 / $11.20 Half Salad $9.50 / $7.60
Mixed Greens, Tomato, Cucumber, Bacon, Ham, Turkey, Hard-Boiled Egg, Cheese, Croutons & Dressing

Fruit & Nut Salad (D N) ✓ $9.75 / $7.80 Half Salad $6.50 / $5.20
Mixed Greens, Red Onion, Candied Pecans, Dried Cranberries, Bleu Cheese Crumbles, Strawberries & Balsamic Vinaigrette

Sunburst Melon Plate (E N Soy) ✓ $13.75 / $11.00 Half Salad $9.25 / $7.40
Fresh Melon & Cashew Topped Chicken Salad, Garnished with Fresh Berries

Greek Salad (D Soy) ✓ $10.00 / $8.00 Half Salad $6.75 / $5.40
Mixed Greens, Grape Tomatoes, Cucumbers, Red Onion, Feta Cheese, Kalamata Olives, & Balsamic Vinaigrette

Add to Any Salad: Chicken ✓ $4.25 / $3.40 / Salmon (F) ✓ $7.25 / $5.80 / Shrimp (SF) ✓ $8.50 / $6.80 / Steak $8.25 / $6.60

Entrees – *Served with Choice of Two Sides*

New York Strip Steak* $23.00 / $18.40
10-oz Strip Steak Cooked Medium to Well-Done with Sautéed Mushrooms
Add Sautéed Onions $1.25 / $1.00 Bleu Cheese Crumbles (D) $2.50 / $2.00

Manhattan Cut New York Strip $15.00 / $12.00
5-oz NY Strip Cooked Medium to Well-Done
Add Sautéed Onions $1.25 / $1.00 Bleu Cheese Crumbles (D) $2.50 / $2.00

Beer Battered (G D E F) / **Broiled Cod** (F) ✓ $19.50 / $15.60
Fried Beer Battered Cod or Seasoned & Broiled Cod Fillet
Served with Tartar Sauce (E Soy) & Lemon

Citrus Glazed Salmon (D F) ✓ $22.25 / $17.80
6-ounce Atlantic Salmon Pan Seared with Citrus Butter & Served with Lemon

Sea Scallops Pan Seared or Broiled ✓ (D SF) $22.50 / $18.00
Succulent Tender Sea Scallops Served with Drawn Butter & Lemon

Shrimp Provencal ✓ (G SF) $21.50 / $17.20
Tender Gulf Shrimp Sauteed in Garlic, Tomatoes, White Wine, Shallots, & Herbs. Served with a Crusty Roll

Chicken Parmesan (G D Soy) $18.50 / $14.80
Crispy Chicken Breast Topped with Marinara, Mozzarella & Parmesan Cheese Served Over Cavatappi Pasta & One Side Choice

Lunch Items Available Upon Request: BLT on Ciabatta, Croissant Sandwich, Cheeseburger, Reuben, Fish Sandwich, Grilled Chicken Sandwich

Sides – *Served a la Carte* $3.50 / $2.80

Mashed Potatoes & Gravy (Soy)
Dinner Roll ($1.75 / $1.40) (G)
Chef's Choice Vegetable ✓
Onion Rings (G)
Cucumbers & Ranch (D E Soy) ✓
Cottage Cheese (D) ✓
Cup of Soup
Coleslaw (E Soy) ✓
Baked Potato with Sour Cream (D) ✓
Fresh Fruit ✓
French Fries (G Soy)
Sweet Potato Fries
Tater Tots (Soy)
Small House Salad ✓

Desserts (Allergens May Vary Based on Variety)

Dessert of the Day $5.75 / $4.60
Ice Cream (D) **Two Scoops** $3.25 / $2.40 **One Scoop** $1.75 / $1.40
Vanilla, Flavored, Sugar Free

✓ = Healthier Choices

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Revised Date 11/2/26

