

# Lunch Menu

Served Daily 11:30AM – 1:00PM

No Plan Price / Plan Price



|                      |                  |              |                 |
|----------------------|------------------|--------------|-----------------|
| Homemade Cup of Soup | \$4.75 / \$3.80  | Bowl         | \$6.75 / \$5.40 |
| Small House Salad    | \$3.00 / \$2.40  | Starter      | \$5.00 / \$4.00 |
| Daily Lunch Special  | \$11.75 / \$9.40 | Half Special | \$8.25 / \$6.60 |

## Salads – Served with a Dinner Roll (G)

- Chef Salad (G D E) ✓** \$14.00 / \$11.20      **Half Salad** \$9.50 / \$7.60  
Mixed Greens, Tomato, Cucumber, Bacon, Ham, Turkey, Hard-Boiled Egg, Cheese, Croutons & Dressing
- Fruit & Nut Salad (D N) ✓** \$9.75 / \$7.80      **Half Salad** \$6.50 / \$5.20  
Mixed Greens, Red Onion, Candied Pecans, Dried Cranberries, Bleu Cheese Crumbles, Strawberries & Balsamic Vinaigrette
- Sunburst Melon Plate (E N Soy) ✓** \$13.75 / \$11.00      **Half Salad** \$9.25 / \$7.40  
Fresh Melon & Cashew Topped Chicken Salad, Garnished with Fresh Berries
- Beverly Salad (D) ✓** \$13.00 / \$10.40      **Half Salad** \$8.75 / \$7.00  
Mixed Greens, Diced Chicken, Bacon, Pickled Beets, Tomatoes, Cheddar, & Choice of Dressing
- Add to Any Salad:** Chicken ✓ \$4.25 / \$3.40 / Salmon (F) ✓ \$7.25 / \$5.80 /  
Shrimp (SF) ✓ \$8.50 / \$6.80 / Steak \$8.25 / \$6.60

## Entrees – Kettle Chips Not Included

- Chicken Quesadilla (G D)** \$9.75 / \$7.80  
Seasoned Chicken & Cheese Inside a Grilled Flour Tortilla. Served with Sour Cream & Salsa
- Soup / Salad & Half Sandwich (G)** \$11.00 / \$8.80  
Choice between Cup of Soup / Side Salad ✓ & Half Sandwich
- Sandwiches Choices: BLT (G E Soy), Rueben (G D E Soy), Rachel (G D E Soy) ✓  
Deli Sandwich ✓

✓ = Healthier Choices

Noted items contain these allergens: (Allergens May Vary Based on Variety)

G – Gluten / D - Dairy / E – Egg / N-Tree Nut / S-Sesame / F-Fish / SF-Shellfish / Soy-Soy / P-Peanuts

Most bakery items contain Gluten & Eggs. Please let your server know of any known food allergy.

## Entrees – Served with Kettle Chips & Pickle

Reuben / Rachel (G D E Soy) ✓ \$14.00 / \$11.20

Corned Beef or Turkey – Swiss Cheese, Sauerkraut, 1,000 Island Dressing on Grilled Marble Rye Bread

BLT on Ciabatta Bread (G E Soy) \$11.75 / \$9.40

Bacon, Lettuce, Tomato, & Mayo on Warm Ciabatta Bread

Croissant Sandwich (G D E Soy) \$11.75 / \$9.40

Chicken ✓ / Egg / Tuna (F) ✓ Salad on a Butter Croissant with Lettuce & Tomatoes

Grilled Cheeseburger (G D) \$14.00 / \$11.20

Includes Lettuce, Tomato, Onion, Pickle, Cheese: Cheddar / Swiss / Provolone

Grilled Chicken Sandwich (G D) ✓ \$13.00 / \$10.40

Includes Lettuce, Tomato, Onion, Pickle, Cheese: Cheddar / Swiss / Provolone

Deli Melt (G D) \$12.25 / \$9.80

Turkey / Ham with Cheddar, Bacon & Tomato on Toasted White / Wheat ✓ Bread

Fish Sandwich (G D E F Soy) ✓ \$16.00 / \$12.00

Served with Lettuce, Tomato, Pickle, Lemon, & Tartar Sauce

## Sides – Served a la Carte \$3.50 / \$2.80 Sub Chips on Any Entrée \$2.00 / \$1.60

Kettle Chips

Fresh Fruit ✓

Onion Rings (G)

Tater Tots (Soy)

Cottage Cheese (G) ✓

French Fries (G Soy)

Coleslaw (E Soy) ✓

Sweet Potato Fries

Cucumbers & Ranch (D E Soy) ✓

Cup of Soup

## Desserts (Allergens May Vary Based on Variety)

Cookie (G D E) \$1.75 / \$1.40

Ice Cream (D) Two Scoops \$3.25 / \$2.40

Vanilla, Flavored, Sugar Free

Sundae (D N) \$5.00 / \$4.00

Dessert of the Day \$5.75 / \$4.60

One Scoop \$1.75 / \$1.40

Residents on a meal plan & their guests will receive discounted pricing.

Menus are Subject to Change Based on Availability.

\*Consuming raw or undercooked meats, poultry, fish, seafood, shellfish, or eggs increases the risk of foodborne illnesses.

Revised Date 4/20/26



# Dinner Menu

Served Daily, 5:00 – 7:00PM

No Plan Price / Plan Price

**THE WATERS**  
ON MAYOWOOD™

|                      |                   |         |                   |
|----------------------|-------------------|---------|-------------------|
| Homemade Cup of Soup | \$4.75 / \$3.80   | Bowl    | \$6.75 / \$5.40   |
| Small House Salad    | \$3.00 / \$2.40   | Starter | \$5.00 / \$4.00   |
| Dinner Special       | \$17.00 / \$13.60 |         | \$21.00 / \$16.80 |
| Half Special         | \$11.25 / \$9.00  |         | \$14.25 / \$11.40 |

## Salads – Served with a Dinner Roll (G)

|   |                          |                   |                        |
|---|--------------------------|-------------------|------------------------|
| <b>Chef Salad (G D E) ✓</b>   | <b>\$14.00 / \$11.20</b> | <b>Half Salad</b> | <b>\$9.50 / \$7.60</b> |
| Mixed Greens, Tomato, Cucumber, Bacon, Ham, Turkey, Hard-Boiled Egg, Cheese, Croutons & Dressing                      |                          |                   |                        |
| <b>Fruit &amp; Nut Salad (D N) ✓</b>  | <b>\$9.75 / \$7.80</b>   | <b>Half Salad</b> | <b>\$6.50 / \$5.20</b> |
| Mixed Greens, Red Onion, Candied Pecans, Dried Cranberries, Bleu Cheese Crumbles, Strawberries & Balsamic Vinaigrette |                          |                   |                        |
| <b>Sunburst Melon Plate (E N Soy) ✓</b>   | <b>\$13.75 / \$11.00</b> | <b>Half Salad</b> | <b>\$9.25 / \$7.40</b> |
| Fresh Melon & Cashew Topped Chicken Salad, Garnished with Fresh Berries   |                          |                   |                        |
| <b>Beverly Salad (D) ✓</b>  | <b>\$13.00 / \$10.40</b> | <b>Half Salad</b> | <b>\$8.75 / \$7.00</b> |
| Mixed Greens, Diced Chicken, Bacon, Pickled Beets, Tomatoes, Cheddar, & Choice of Dressing                            |                          |                   |                        |

**Add to Any Salad:** Chicken ✓ \$4.25 / \$3.40 / Salmon (F) ✓ \$7.25 / \$5.80 /  
Shrimp (SF) ✓ \$8.50 / \$6.80 / Steak \$8.25 / \$6.60

## Entrees – Served with Choice of Two Sides

|   |  |
|---|--|
| <b>New York Strip Steak*</b>  | <b>\$23.00 / \$18.40</b>                 |
| 10-oz Strip Steak Cooked Medium to Well-Done with Sautéed Mushrooms       |  |
| Add Sautéed Onions \$1.25 / \$1.00  | Bleu Cheese Crumbles (D) \$2.50 / \$2.00 |
| <b>Manhattan Cut New York Strip</b>                                       | <b>\$15.00 / \$12.00</b>                 |
| 5-oz NY Strip Cooked Medium to Well-Done                                  |  |
| Add Sautéed Onions \$1.25 / \$1.00  | Bleu Cheese Crumbles (D) \$2.50 / \$2.00 |
| <b>Beer Battered (G D E F) / Broiled Cod (F) ✓</b>                        | <b>\$19.50 / \$15.60</b>                 |
| Fried Beer Battered Cod or Seasoned & Broiled Cod Fillet                  |  |
| Served with Tartar Sauce (E Soy) & Lemon                                  |  |
| <b>Citrus Glazed Salmon (D F) ✓</b>                                       | <b>\$22.25 / \$17.80</b>                 |
| 6-ounce Atlantic Salmon Pan Seared with Citrus Butter & Served with Lemon |  |

Schnitzel Kiev (G D E) ✓

\$14.00 / \$11.20

Pan Seared Panko Crusted Chicken Breast Served with Garlic Herbed Butter

Sea Scallops Pan Seared or Broiled ✓ (D SF) \$22.50 / \$18.00

Succulent Tender Sea Scallops Served with Drawn Butter & Lemon

Shrimp Scampi (G D SF Soy) \$20.00 / \$16.00 (Sides Not Included)

Tender Gulf Shrimp Sauteed in Garlic-Herb Butter with a White Wine Cream Sauce Tossed with Cherry Tomatoes & Penne Pasta & Topped with Parmesan Cheese

Lunch Items Available Upon Request: BLT on Ciabatta, Croissant Sandwich, Cheeseburger, Reuben, Fish Sandwich, Grilled Chicken Sandwich

Sides – Served a la Carte \$3.50 / \$2.80

Mashed Potatoes & Gravy (Soy)

Coleslaw (E Soy) ✓

Dinner Roll (\$1.75 / \$1.40) (G)

Baked Potato with Sour Cream (D) ✓

Chef's Choice Vegetable ✓

Fresh Fruit ✓

Onion Rings (G)

French Fries (G Soy)

Cucumbers & Ranch (D E Soy) ✓

Sweet Potato Fries

Cottage Cheese (D) ✓

Tater Tots (Soy)

Cup of Soup

Small House Salad ✓

Desserts (Allergens May Vary Based on Variety)

Cookie (G D E) \$1.75 / \$1.40

Dessert of the Day \$5.75 / \$4.60

Ice Cream (D) Two Scoops \$3.25 / \$2.40

One Scoop \$1.75 / \$1.40

Vanilla, Flavored, Sugar Free

Sundae (D N) \$5.00 / \$4.00

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