

# Lunch Menu

Served Daily 11:30AM – 1:00PM

No Plan Price / Plan Price



Homemade Cup of Soup	\$4.75 / \$3.80	Bowl	\$6.75 / \$5.40
Small House Salad	\$3.00 / \$2.40	Starter	\$5.00 / \$4.00
Daily Lunch Special	\$11.75 / \$9.40	Half Special	\$8.25 / \$6.60

## Salads – Served with a Dinner Roll (G)

- Chef Salad (G D E) ✓** \$14.00 / \$11.20      **Half Salad** \$9.50 / \$7.60  
Mixed Greens, Tomato, Cucumber, Bacon, Ham, Turkey, Hard-Boiled Egg, Cheese, Croutons & Dressing
- Fruit & Nut Salad (D N) ✓** \$9.75 / \$7.80      **Half Salad** \$6.50 / \$5.20  
Mixed Greens, Red Onion, Candied Pecans, Dried Cranberries, Bleu Cheese Crumbles, Strawberries & Balsamic Vinaigrette
- Sunburst Melon Plate (E N Soy) ✓** \$13.75 / \$11.00      **Half Salad** \$9.25 / \$7.40  
Fresh Melon & Cashew Topped Chicken Salad, Garnished with Fresh Berries
- Waters Harvest Beet Salad (D N) ✓** \$9.50 / \$7.60      **Half Salad** \$6.25 / \$5.00  
Mixed Exotic Greens with Pickled Beets, Feta, Toasted Walnuts, Golden Raisins, & Choice of Dressing
- Add to Any Salad:** Chicken ✓ \$4.25 / \$3.40 / Salmon (F) ✓ \$7.25 / \$5.80 /  
Shrimp (SF) ✓ \$8.50 / \$6.80 / Steak \$8.25 / \$6.60

## Entrees – Kettle Chips Not Included

- Chicken Quesadilla (G D)** \$9.75 / \$7.80  
Seasoned Chicken & Cheese Inside a Grilled Flour Tortilla. Served with Sour Cream & Salsa
- Soup / Salad & Half Sandwich (G)** \$11.00 / \$8.80  
Choice between Cup of Soup / Side Salad ✓ & Half Sandwich  
Sandwiches Choices: BLT (G E Soy), Rueben (G D E Soy), Rachel (G D E Soy) ✓  
Deli Sandwich ✓

✓ = Healthier Choices

Noted items contain these allergens: (Allergens May Vary Based on Variety)

G – Gluten / D - Dairy / E – Egg / N-Tree Nut / S-Sesame / F-Fish / SF-Shellfish / Soy-Soy / P-Peanuts

Most bakery items contain Gluten & Eggs. Please let your server know of any known food allergy.

## Entrees – Served with Kettle Chips & Pickle

Reuben / Rachel (G D E Soy) ✓ \$14.00 / \$11.20

Corned Beef or Turkey – Swiss Cheese, Sauerkraut, 1,000 Island Dressing on Grilled Marble Rye Bread

BLT on Ciabatta Bread (G E Soy) \$11.75 / \$9.40

Bacon, Lettuce, Tomato, & Mayo on Warm Ciabatta Bread

Croissant Sandwich (G D E Soy) \$11.75 / \$9.40

Chicken (✓) / Egg / Tuna (F) (✓) Salad on a Butter Croissant with Lettuce & Tomatoes

Grilled Cheeseburger (G D) \$14.00 / \$11.20

Includes Lettuce, Tomato, Onion, Pickle, Cheese: Cheddar / Swiss / Provolone

Grilled Chicken Sandwich (G D) (✓) \$13.00 / \$10.40

Includes Lettuce, Tomato, Onion, Pickle, Cheese: Cheddar / Swiss / Provolone

Deli Melt (G D) \$12.25 / \$9.80

Turkey / Ham with Cheddar, Bacon & Tomato on Toasted White / Wheat (✓) Bread

Fish Sandwich (G D E F Soy) (✓) \$16.00 / \$12.00

Served with Lettuce, Tomato, Pickle, Lemon, & Tartar Sauce

## Sides – Served a la Carte \$3.50 / \$2.80 Sub Chips on Any Entrée \$2.00 / \$1.60

Kettle Chips

Fresh Fruit (✓)

Onion Rings (G)

Tater Tots (Soy)

Cottage Cheese (G) (✓)

French Fries (G Soy)

Coleslaw (E Soy) (✓)

Sweet Potato Fries

Cucumbers & Ranch (D E Soy) (✓)

Cup of Soup

## Desserts (Allergens May Vary Based on Variety)

Cookie (G D E) \$1.75 / \$1.40

Dessert of the Day \$5.75 / \$4.60

Ice Cream (D) Two Scoops \$3.25 / \$2.40

One Scoop \$1.75 / \$1.40

Vanilla, Flavored, Sugar Free

Sundae (D N) \$5.00 / \$4.00

Residents on a meal plan & their guests will receive discounted pricing.

Menus are Subject to Change Based on Availability.

\*Consuming raw or undercooked meats, poultry, fish, seafood, shellfish, or eggs increases the risk of foodborne illnesses.

Revised Date 11/3/25



# Dinner Menu

Served Daily, 5:00 – 7:00PM

No Plan Price / Plan Price

THE WATERS  
ON MAYOWOOD™

Homemade Cup of Soup	\$4.75 / \$3.80	Bowl	\$6.75 / \$5.40
Small House Salad	\$3.00 / \$2.40	Starter	\$5.00 / \$4.00
Dinner Special	\$17.00 / \$13.60		\$21.00 / \$16.80
Half Special	\$11.25 / \$9.00		\$14.25 / \$11.40

## Salads – Served with a Dinner Roll (G)

Chef Salad (G D E) ✓	\$14.00 / \$11.20	Half Salad	\$9.50 / \$7.60
Mixed Greens, Tomato, Cucumber, Bacon, Ham, Turkey, Hard-Boiled Egg, Cheese, Croutons & Dressing			
Fruit & Nut Salad (D N) ✓	\$9.75 / \$7.80	Half Salad	\$6.50 / \$5.20
Mixed Greens, Red Onion, Candied Pecans, Dried Cranberries, Bleu Cheese Crumbles, Strawberries & Balsamic Vinaigrette			
Sunburst Melon Plate (E N Soy) ✓	\$13.75 / \$11.00	Half Salad	\$9.25 / \$7.40
Fresh Melon & Cashew Topped Chicken Salad, Garnished with Fresh Berries			
Waters Harvest Beet Salad (D N) ✓	\$9.50 / \$7.60	Half Salad	\$6.25 / \$5.00
Mixed Exotic Greens with Pickled Beets, Feta, Toasted Walnuts, Golden Raisins, & Choice of Dressing			

Add to Any Salad: Chicken ✓ \$4.25 / \$3.40 / Salmon (F) ✓ \$7.25 / \$5.80 /  
Shrimp (SF) ✓ \$8.50 / \$6.80 / Steak \$8.25 / \$6.60

## Entrees – Served with Choice of Two Sides

New York Strip Steak*	\$19.25 / \$15.40
8-oz Strip Steak Cooked Medium to Well-Done with Sautéed Mushrooms	
Add Sautéed Onions \$1.25 / \$1.00	Bleu Cheese Crumbles (D) \$2.50 / \$2.00
Beer Battered (G D E F) / Broiled Cod (F) ✓	\$19.50 / \$15.60
Fried Beer Battered Cod or Seasoned & Broiled Cod Fillet	
Served with Tartar Sauce (E Soy) & Lemon	
Ginger Teriyaki Salmon (F Soy) ✓	\$22.25 / \$17.80
6-oz Atlantic Salmon Pan Seared with Ginger Teriyaki Glaze– Served with Lemon	
Schnitzel Kiev (G D E) ✓	\$14.00 / \$11.20
Pan Seared Panko Crusted Chicken Breast Served with Garlic Herbed Butter	

**Pan Seared Sea Scallop (G D SF) ✓ \$22.50 / \$18.00**

Sauteed in Garlic Parsley Butter. Served with Penne Pasta Tossed in a White Wine Lemon Cream Sauce Topped with Parmesan & Cherry Tomatoes & One Side Choice

**London Broil (G Soy) \$16.50 / \$13.20**

6-oz Ball Tip Steak Sliced & Topped with a Bordelaise Sauce

**Cavatappi Florentine (G D Soy) \$12.75 / \$10.20 (Sides Not Included)**

Cavatappi Pasta Tossed with Sauteed Spinach, Mushrooms, Onion, Red Peppers, & Cream Sauce. Add Chicken ✓ \$4.25 / \$3.40 / Salmon (F) ✓ \$7.25 / \$5.80 /

Shrimp (SF) ✓ \$8.50 / \$6.80 / Steak \$8.25 / \$6.60

**Lunch Items Available Upon Request:** BLT on Ciabatta, Croissant Sandwich, Cheeseburger, Reuben, Fish Sandwich, Grilled Chicken Sandwich

**Sides – Served a la Carte \$3.50 / \$2.80**

Mashed Potatoes & Gravy (Soy)

Dinner Roll (\$1.75 / \$1.40) (G)

Chef's Choice Vegetable ✓

Onion Rings (G)

Cucumbers & Ranch (D E Soy) ✓

Cottage Cheese (D) ✓

Cup of Soup

Coleslaw (E Soy) ✓

Baked Potato with Sour Cream (D) ✓

Fresh Fruit ✓

French Fries (G Soy)

Sweet Potato Fries

Tater Tots (Soy)

Small House Salad ✓

**Desserts (Allergens May Vary Based on Variety)**

Cookie (G D E) \$1.75 / \$1.40

Ice Cream (D) Two Scoops \$3.25 / \$2.40

Vanilla, Flavored, Sugar Free

Sundae (D N) \$5.00 / \$4.00

Dessert of the Day \$5.75 / \$4.60

One Scoop \$1.75 / \$1.40

✓ = Healthier Choices

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